Gluten Free Menu

STARTERS AND TAPAS

Caprese salad with cress and pesto 15

Classic Caesar salad 14
with chicken 16
with tiger prawns 18

Del Green Salad with cheese and Mediterranean vinaigrette 13

Iberian ham and melon skewers 15

Manchego and Mahón cheese with fig bread 14

Dates with bacon 9

Potato cream soup with croutons 9

Padrón peppers with salt from Es Trenc 9

Grilled vegetables with warm Provolone cheese 15

Sheraton
MALLORCA
ARABELLA
GOLF HOTEL

SNACKS

Chicken curry wrap with
rocket salad 15

Focaccia with tomato, mozzarella
and Iberian ham 17

Club Sandwich with roasted turkey,
bacon, egg, tomato, mayonnaise,
lettuce and french fries 17

Beef burger with Cheddar cheese, salad
leaves, tomato, gherkins, crispy onions,
fries and coleslaw 18

Pizza Margarita 12
Caprichosa 15
Vegetarian 14
Tuna and peppers 16

PASTAS

Spaghetti or Penne with:
Bolognese 14
Napolitana with fresh basil and
black olives 14
Pesto, cherry tomatoes, Parmesan cheese
and rocket salad 15
Aglio Olio with prawns 19

FISH AND MEAT

Prawns in garlic oil and chili 19

Fried calamari Andalusian style
with chickpeas flower and alioli 15

Octopus Galician style
with “tap de corti” 19

Grilled salmon with spinach
Catalan style 24

Chicken wok:
with vegetables and mushrooms 18
with prawns 22

Beef filet with potato purée and grilled
vegetables 27

Please also ask for our fish and meat
dishes of the day

DESSERT

Majorcan almond cake with almond ice
cream 8

Chocolate cake with a red fruit coulis 8

Crème Brûlée of flavoured milk 8

Fresh fruits with yoghurt ice cream 8

Ice cream and sorbets (2 flavors) 7